



Norma Jean Young

About Your Facilitator

Norma Jean Young is truly a dedicated and prolific Wholistic Health pioneer. She has been an instructor and student of the energy body and energy fields since 1974. She was a lead trainer with the Arica Metaphysical Institute for 10 years, after her formal education as a nurse, Medical Social Worker, Counsellor, Waldorf Teacher and Music Therapist.

She has brought Reiki Energy Healing into the medical world in unprecedented and powerful ways including teaching the first Reiki Course at Harvard. Through a doctor she trained in that Course, they have just completed a 2 year research grant testing Reiki Treatment with Fibromyalgia (chronic pain) with amazing results. She is actively Mentoring medical & nursing students. She has published.

Her love for Original People has taken her to work with the Inuit of Greenland, the lepers of Indonesia and the Maori of New Zealand. She founded the current Wisdom-Keeper Grandmother Project.

Beyond this substantial track record - which includes instruction in 13 countries & at many hospitals - Norma Jean is as vital, smiling and humorous as she is inspiring and thought provoking. She is a gifted teacher and loves to see the lights come on in her fellow humans eyes.

COME JOIN US IN WELCOMING HER

Time: 9:30 a.m. - 5:00 p.m.
Cost: \$100 pre-registered includes lunch
Minimum \$50 deposit before March 5th, 2005
Location: Sharon Temperance Hall
See map on the back of this brochure

KEEPING WELL AND WHOLE: PRACTICAL SKILLS FOR EVERYDAY LIFE

- **Breathing & Movement Exercises**
- **Qi Gong**
- **Basic tune-up of chakras and functions:**
including positions, colours and toning
- **Shifting negative emotions to positive**
- **Nature based meditation**
- **Encouragement of servant leadership**

To reserve your place, please mail your \$50 deposit and registration to:

SHARON BOYD (905-473-6387)
ON OR BEFORE MARCH 5, 2005



Yes, I would like to reserve my seat at this very special seminar with Norma Jean Young.
Enclosed deposit of \$50 Full registration \$100

Name _____ Address _____

Postal Code _____ Telephone ____ (____) ____ - _____

Email address: _____

Please make your cheque payable to
Sharon Boyd,
5 Mainprize Cres.,
Mount Albert, Ontario,
L0G1M0